



MASTERCHEF UK WINNER 2009

MAT FOLLAS

Afternoon tea
at Bramble Cafe



photography by Steve Painter



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Notes:

- Both British (Metric) and American (Imperial, plus US cups) measurements are included in these recipes for your convenience, however it is important to work with one set of measurements only and not alternate between the two within a recipe.
- All spoon measurements are level unless otherwise specified. A teaspoon is 5 ml, a tablespoon is 15 ml.
- All eggs are medium (UK) or large (US), unless specified as large, in which case US extra-large should be used. Uncooked or partially cooked eggs should not be served to the very old, frail, young children, pregnant women or those with compromised immune systems.
- Ovens should be preheated to the specified temperatures. We recommend using an oven thermometer. If using a fan-assisted oven, adjust temperatures according to the manufacturer's instructions.



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