

Health Promotion Throughout the Life Span

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Eighth Edition

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Health Promotion Throughout the Life Span

Eighth Edition

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Health Defined: Objectives for Promotion and Prevention

Philip A. Greiner

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- Study Questions
- Glossary

OBJECTIVES

After completing this chapter, the reader will be able to:

- Analyze concepts and models of *health* as used historically and as used in this textbook.
- Evaluate the consistency of *Healthy People 2020* goals with various concepts of health.
- Analyze the progress made in this nation from the original *Healthy People* document to the foci in *Healthy People 2020*.
- Differentiate between health, illness, disease, disability, and premature death.
- Compare the three levels of prevention (primary, secondary, and tertiary) with the levels of service provision available across the life span.
- Critique the role of research and evidence as well as the nurse's role in health education and research for the promotion of health for individuals and populations.

KEY TERMS

Adaptive model of health

Applied research

Asset planning

Clinical model of health

Community-based care

Cultural competence

Disease

Ecological model of health

Empathy

Epidemiology

Ethnocentrism

Eudaimonic

Eudaimonic model of health

Evidence-based practice

Functional health

Health

Health disparities

Health promotion

Health-related quality of life (HRQoL)

Healthy People 2020

High-level wellness

Illness

Interprofessional practice

Levels of prevention

Person-centered care

Qualitative studies

Quality of life

Quantitative studies

Racism

Role performance model of health

Social determinants of health

Specific protection

Well-being

Wellness

Wellness-illness continuum